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Dr. Ufomata earned her Bachelors of Science degrees in Biology and Psychology at the University of Kentucky.  After which she completed her medical degree at the University of Kentucky College of Medicine.  She completed her Internal medicine residency at UPMC, after which she completed a fellowship in General Internal Medicine as an Academic Clinician Educator Scholar. Lastly, she received her Masters in medical education from the University of Pittsburgh School of Medicine

Dr. Ufomata has received numerous awards as an educator including the prestigious Leonard Tow Humanism in Medicine Award and the Golden Apple Award from the graduating class of 2021 at UPSOM.  She has also received the Outstanding Early Career Educator Award in 2019