



Pitt-UPMC Center for Peer Coaching

Supporting Personal and Professional Growth of Physicians and Research Scientists

What is peer coaching?

Peer coaching is a collaborative partnership between a coach and coachee. The coach serves as an unbiased guide, honoring the coachee as an expert in their own life. Coachees gain an elevated perspective and deeper understanding of where they are, how they got there, why they may feel stuck or unfulfilled, and where they want to go. Over time, values are clarified, goals are set and action can lead to meaningful change. Coaches benefit too through the fulfillment of giving back, mastering leadership skills and joining our vibrant community of peer coaches across the institution.

Get involved

The Pitt-UPMC Center for Peer Coaching offers two distinct opportunities:

Become a coach:

Physicians and research faculty can complete our 16-hour course and certification process to become a peer coach.



Request a coach:

Physicians, research faculty and trainees may request peer coaching via faculty sponsorship or self-referral.



Please email us with questions or to learn more:
peercoaching@pitt.edu



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